


Mechanics 3 : Work and Energy

①

Work = a measure of energy transfer

$$W = \vec{F} \cdot \vec{s} = F \cdot s \cdot \cos \theta$$

work(J) \vec{F} force(N) displacement(m) angle between \vec{F} and \vec{s}



$$1 \text{ J} = 1 \text{ N} \times 1 \text{ m}$$

Example 1


b) displacement $s = 0$, $W = 0$

c) $\theta = 90^\circ$, $\cos 90^\circ = 0$, $W = 0$

e) $Fd \cos \theta$

$$\cos \theta = -1$$

f) $\theta = 180^\circ$ $\therefore W = -Fd$



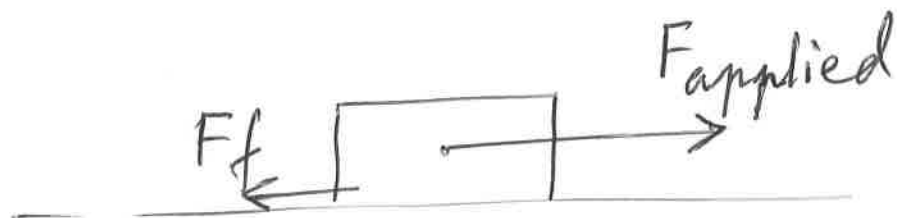
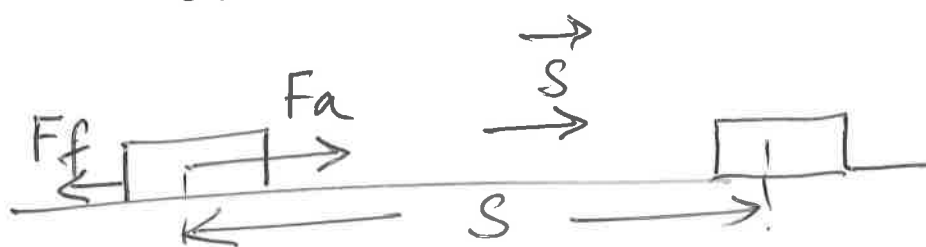
Example 2

$$W = F s \cos \theta = 800 \text{ J}$$

$\swarrow \quad \searrow \quad \swarrow$
 $40 \text{ N} \quad 20 \text{ m} \quad 0^\circ$

$$W = F \cdot s \cdot \cos \theta = 690 \text{ J}$$

$\swarrow \quad \searrow \quad \swarrow$
 $40 \text{ N} \quad 20 \text{ m} \quad 30^\circ$

Example 3

↑
Friction opposes motion

a) $W_a = F_a s \cos \theta_1 = 500 \times 20 \times \cos 0^\circ = 10,000 \text{ J}$

$W_f = F_f s \cos \theta_2 = 100 \times 20 \times \cos 180^\circ = -2000 \text{ J}$

Net work done: $W = W_a - W_f = 8000 \text{ J}$

b) Equal to $W_f = 2000 \text{ J}$

c) Total E required = $10,000 \text{ J}$

$$KE = \frac{1}{2}mv^2$$

Kinetic E (J) mass (kg) velocity (m/s)

If $v=0$, $KE=0$

$$W = KE_2 - KE_1 = \frac{1}{2}m(v^2 - v_0^2)$$

final KE initial KE

Example 4



$$a) W = \Delta KE = \frac{1}{2}m(v^2 - v_0^2)$$

5 kg 4 m/s 2 m/s

$$\therefore W = 30 \text{ J}$$

$$b) v^2 = v_0^2 + 2as$$

4 m/s 2 m/s 20 m

$$\therefore a = 0.3 \text{ m/s}^2$$

$$F = ma$$

5 kg 0.3 m/s²

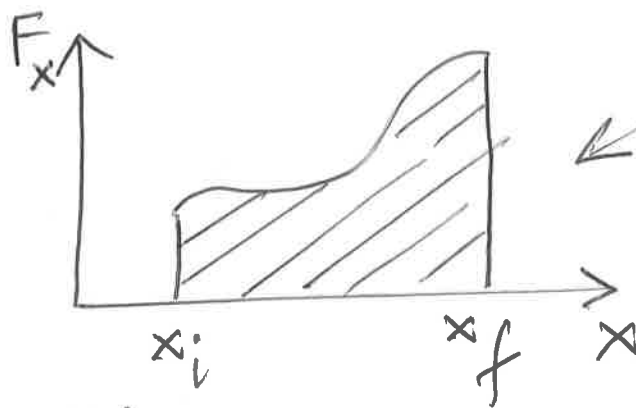
General equation

$$W = \int_{x_i}^{x_f} F_x \cdot dx$$

initial position x_i final position x_f

force F_x

Area under the curve
||
Work



$$W = \int_{x_i}^{x_f} F_x \cdot dx = F \cdot \Delta x = F(x_f - x_i)$$

If $F = \text{constant}$

Potential energy



Spring : Spring force

$$F_x = k \cdot x$$

Force (N) Spring constant (N/m) displacement (relative to equilibrium position)

$$W = \int_{x_i}^{x_f} F dx = \int_0^x kx \cdot dx$$

$$\int x dx = \frac{1}{2} x^2$$

$$\therefore W = \frac{1}{2} kx^2$$

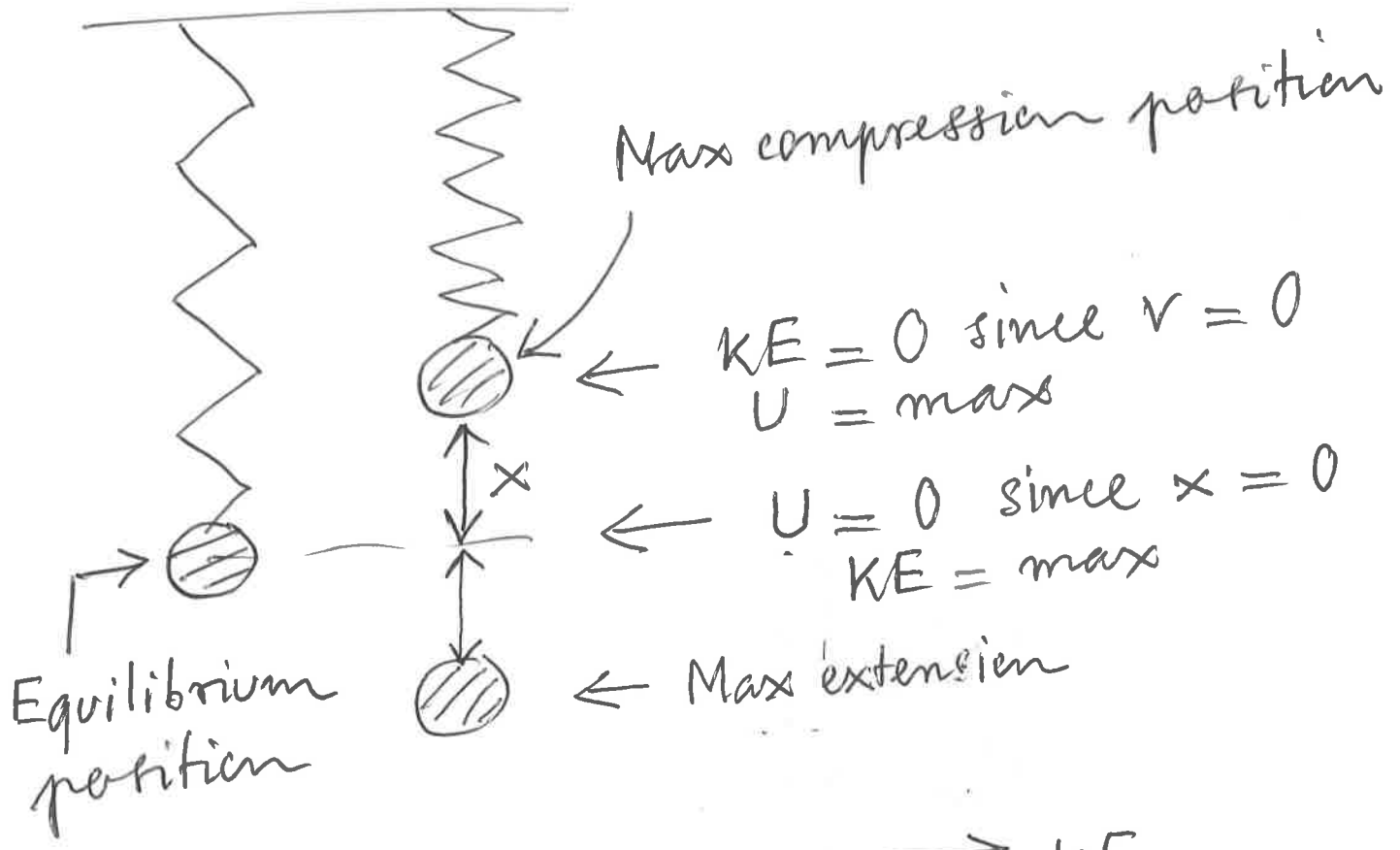
Work done
by spring / elastic object

↑ This is stored in spring as potential energy

$$W = U = \frac{1}{2} kx^2$$

Example 5

Spring : energy oscillates between kinetic and potential energy



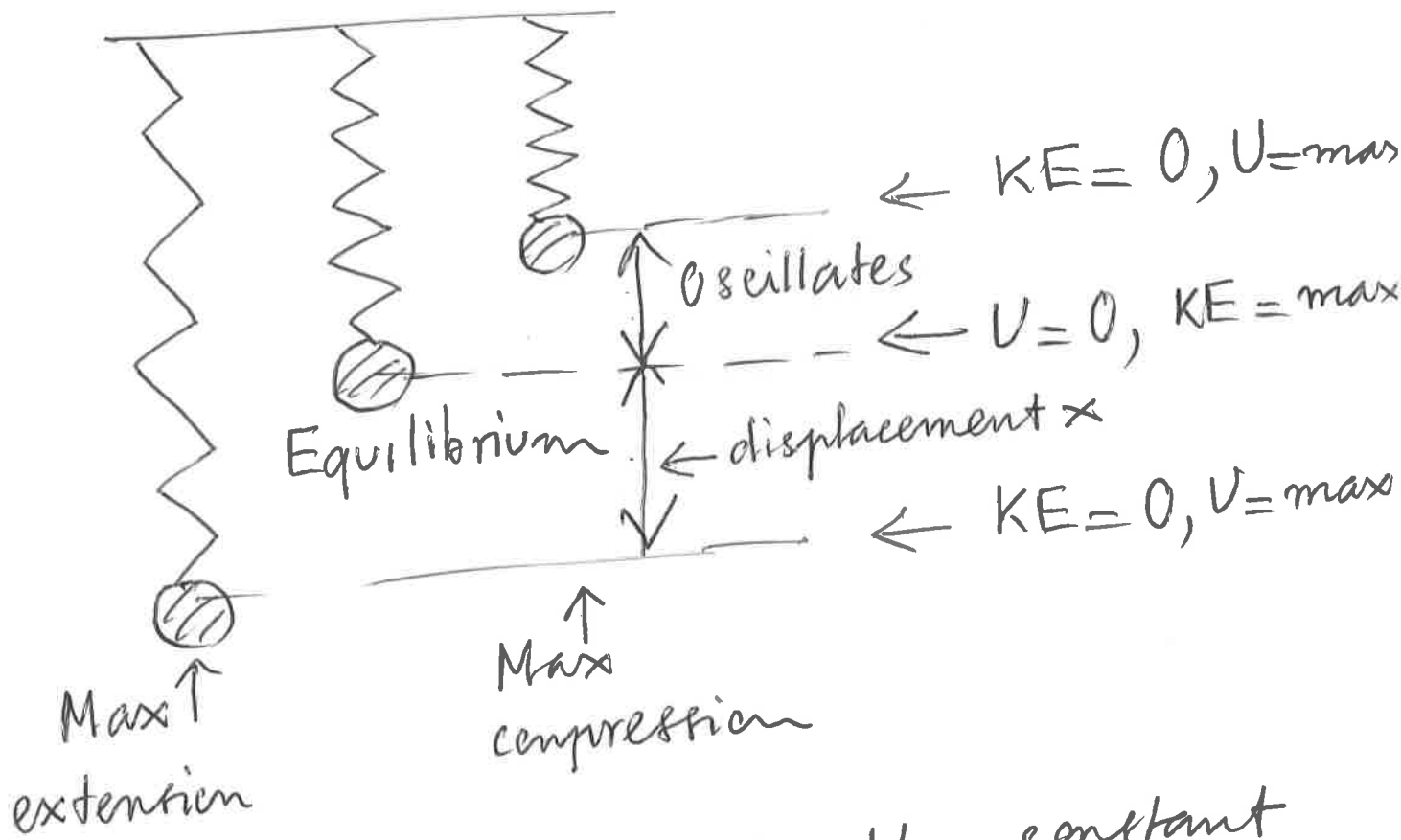
As object oscillates, $U \rightleftharpoons KE$
Energy at equilibrium = energy at max compression

$$KE = U$$
$$\frac{1}{2}mv^2 = \frac{1}{2}kx^2$$

potential energy stored in spring

$$\therefore mv^2 = kx^2$$

0.2kg 20m/s 0.1m $\therefore v = 1.0m/s$



$$\text{Total energy} = KE + U = \text{constant}$$

$$KE_{\text{equilibrium}} = U_{\text{max compression}}$$

$$\uparrow \quad \uparrow$$

$$\frac{1}{2}mv^2 \quad \frac{1}{2}kx^2$$

Potential energy due to gravitational force (8)

$$W = F \cdot s$$

mg
(weight)

h

$$\therefore W = mgh$$

potential energy stored in object (J)

kg

9.8 m/s^2

height

Example 6

h

max position
final position

$PE_f = \text{max}, KE_f = 0$

initial position $PE_i = 0, KE_i = \text{max}$

As the ball travels upwards, KE is transferred to PE

$$KE_i = PE_f$$

$$\frac{1}{2}mv^2 = mgh$$

$$\therefore h = \frac{v^2}{2g}$$

20 m/s

9.8 m/s^2

$\therefore h = 20.4 \text{ m}$

Mass is irrelevant!

Power : $P = \frac{W}{\Delta t}$

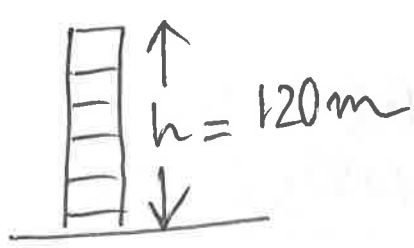
$W \leftarrow$ work (J)
 $\Delta t \leftarrow$ time (s)

$J/s = W$
(watt)

1 horsepower = $\frac{W}{\Delta t} = \frac{75 \text{ kg} \cdot 9.8 \text{ m/s}^2 \cdot 1 \text{ m}}{\Delta t} = 746 \text{ W}$

$\Delta t = 1 \text{ s}$

Example 7



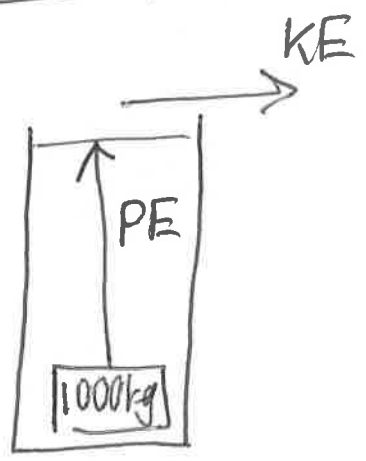
$P = \frac{W}{\Delta t} = \frac{mgh}{\Delta t}$

$m = 60 \text{ kg}$, $g = 9.8 \text{ m/s}^2$, $h = 120 \text{ m}$

$\Delta t = 8 \times 60 = 480 \text{ s}$

$\therefore P = 147 \text{ W}$

Example 8



a) $W_{\text{lift}} = mgh$

$m = 1000 \text{ kg}$, $g = 9.8 \text{ m/s}^2$, $h = 8 \text{ m}$

$W_{\text{lift}} = 78400 \text{ J}$

b) $W_{\text{kinetic}} = \frac{1}{2}mv^2 = 12500 \text{ J}$

$m = 1000 \text{ kg}$, $v = 5 \text{ m/s}$

c) Power output

$P = \frac{W_{\text{total}}}{\Delta t} = \frac{78400 + 12500}{60 \text{ (s)}} = 1520 \text{ W}$